



Julie Goodwin opens her kitchen for Neighbour Day

Australia's original MasterChef, Julie Goodwin, is sharing her favourite recipes for Neighbour Day as residents across the country prepare for Australia's annual celebration of community on Sunday 31st March 2013.

"I am absolutely delighted Julie Goodwin is encouraging Australians to get to know their neighbours by putting delicious, home-made food at the heart of their celebrations," said 2012 NSW Volunteer of the Year and Neighbour Day founder Andrew Heslop.

"From the first Neighbour Day in 2003 residents across the country have chosen to make food the key uniting element in building closer relationships between neighbours. A shared meal between strangers often leads to new friendships and from that stronger communities evolve.

"The 2012 online survey has revealed barbecues, street parties and events in local parks are increasingly the most popular ways to celebrate Neighbour Day. It's a terrific outcome because it also means neighbours are working together to decide how to participate in Australia's annual celebration of community," Andrew said.

Neighbour Day was founded in Melbourne in 2003. Always held on the last Sunday in March every year it has five principal aims -

1. Strengthen communities and build better relationships with the people who live around us.
2. Create safer, healthier and more vibrant suburbs and towns.
3. Promote tolerance, respect and understanding.
4. Break down community barriers.
5. Protect the elderly, the vulnerable and the disadvantaged.

Julie Goodwin's Neighbour Day message and her recipes can be download for free at www.neighbourday.org along with a free Neighbour Day kit containing invitations, name tags, posters and a 'how to' guide. Julie's recipes will also be published on the Neighbour Day Facebook page.

2012 results

| | | |
|----|---------------------|------|
| 1. | Barbecue | 42% |
| 2. | Street party | 23% |
| 3. | Afternoon tea | 16% |
| 4. | Event in local park | 15% |
| 5. | Morning tea | 3.6% |

2011 results

| | | |
|----|---------------------|-------|
| 1. | Barbecue | 31% |
| 2. | Afternoon tea | 16.7% |
| 3. | Street party | 15.2% |
| 4. | Cold beer | 12.1% |
| 5. | Event in local park | 9.1% |
| | Morning tea | 9.1% |
| | Lunch | 9.1% |



NeighbourDay



@NeighbourDay

FOR MEDIA INFORMATION ONLY

For Julie Goodwin

Jess Malpass
Random House Australia
0408 635 039

For Neighbour Day

Libby Fordham
The Fordham Agency
0411 473 938

Released 22.03.2013