



Relationships Australia's update on Neighbour Day 2020 in response to COVID19

Every day is neighbour day.

Relationships Australia acknowledges that right across the country, Australians are facing unprecedented times. We are in the middle of a worldwide pandemic and while the strength we draw from each other, from our relationships and our wider communities, has never been more important, we appreciate that changing conditions, and new directives from government, have necessitated a shift in the way we interact.

Physical gatherings on Neighbour Day 2020 are no longer feasible.

We recommend that people make themselves aware of the public health authorities' advice. Visit <https://www.health.gov.au/> to stay up to date and informed, so that you can keep yourselves and your neighbourhood healthy.

Also consult the [World Health Organisation's guidelines](#) and the advice of Australia's Chief Medical Officer (CMO) and each respective state and territory's CMOs will help people make informed decisions.

Relationships Australia wants to take the opportunity of Neighbour Day 2020 to remind all Australians that social connections and support are even more important as the country grapples with extended periods of isolation, physical distancing measures and a re-think of how we operate our day-to-day lives. Neighbour Day 2020 provides us with an opportunity to expand our connections and understanding of community and 'neighbours'.

In all years, Neighbour Day is a catalyst to encourage people across all communities to build and strengthen their social connections. Given the challenges the world is currently facing regarding COVID19, getting together physically at this time is no longer safe and we encourage everyone to find other ways to connect and engage with their neighbours and communities.

For example, this could be online/virtual connections or small acts of kindness such as leaving calling or connection cards with a kind message and your phone number for those who are isolated, so that they can call you for a chat.

Relationships Australia has published a range of other opportunities to make [#creativeconnections](#) on our website and will continue providing ideas and tips on Neighbour Day social media channels to help people create connections that do not require neighbours to engage in person.

We encourage building positive and sustainable social connections, in whatever form resonates with individuals and the communities of which they are a part.

From the Neighbour Day team at Relationships Australia

The community you want
starts at your front door™

neighbourday.org

🐦 @NeighbourDay 📘 /neighbourday